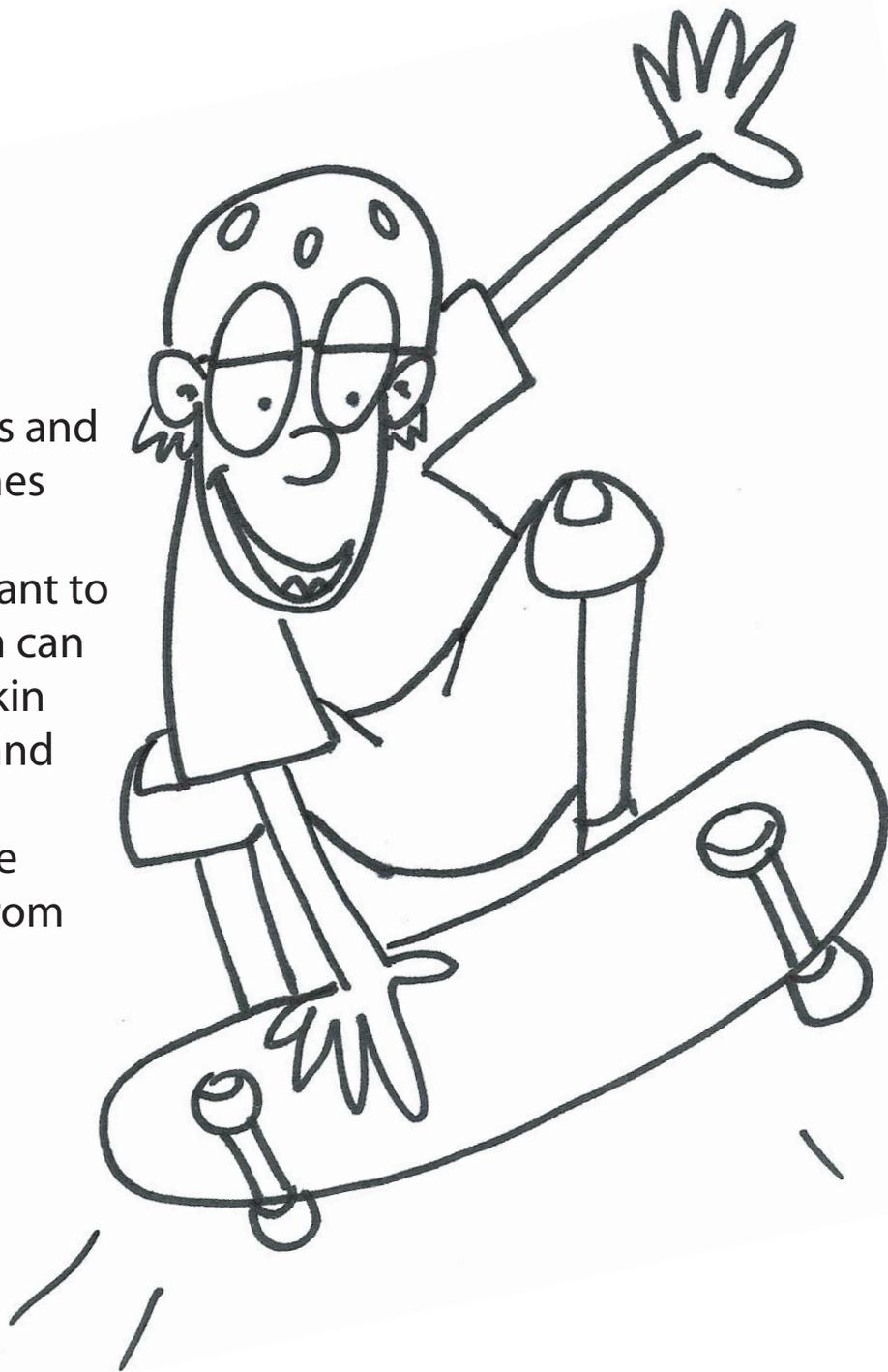


Keep your brain safe and sound!

A Mindboggling
Coloring Sheet!

Your brain has a lot of jobs and works very hard. Sometimes your brain seems like a computer, but it is important to remember that your brain can be injured just like your skin and bones can. Play safe and smart and wear a helmet! Learn more by reading the Mindboggling booklets from the Dana Alliance.



Helmets In Action

Try this experiment at home: place an egg inside a Styrofoam cup. Imagine that the egg is your head, and the cup is a helmet. Test your "helmet" by dropping the cup. Did the egg stay intact? In a bike or skateboarding accident, a helmet protects your brain in the same way.