Brain Health Word Search

Grades 6-8

What’s good for you, is good for your brain.
See if you can find the list of words below in this word search puzzle.

V N X G Y E N Z I U E F I M A U V D S V E S F T M
C W T P H E Q G U M D C I T N A B R A I N S U W
F Y S A B R Y V D I N S L R E T I M U F T I L T H
G F T X M C X P O I N E A H B N N N D K C R J U B
C B B L P I O B M X W X Q E P I D U R G K L K T W
V G T E W E E S Z K B T U U N V V X L O E O I S R
V X Y J X R R N L T T Z D P N B X N A S O L Y W D
O T Q O D L U N O E Z S X U N C G N I D A R J A
H E L W H P N Q O L E U A C K G T P Z J C W O S A
T N N G J Q N A E R M P Q H B Q X R K G H F E C F
A Y K H L L I S X J U S V M J P T O X Q P A P M N
M B J B M K N C R J T E L L E C D K T O W M L O K
T T N W I F G Q H D E L N Q T Z B E V I T E V I C
Q I I Q K B I K R A T B H E L M E T S C X O J U I
Y L X C K T F O U B E A G D U Y V I Z H N M O X V
F S T O F C C I U D E T N F D D D L F O X G E D G
B Q Q K W L O C K S O E I G Q N B N M V D B J C D
P E M Q A G Y L I T U G H G U U G L C W B J M W M
S N P N X W G G T D E E G A P W A Z M H C M N R P
D L I P Z T G L B X V V U M R S N I Q L B R E J S
O P S T A F D O O G D V A E M W M H C G W X E T N
S M E D I T A T I O N L L S I D A L C U O P L L L

ART
BRAIN
CELL
DREAMING
EXERCISE
FRIENDS
GAMES
GOOD FATS

HELMETS
HUGS
LAUGHING
LEARNING
MATH
MEDITATION
MUSIC
NEURON
OXYGEN

PUZZLES
READING
RUNNING
SALMON
SEAT BELT
SLEEP
SPINAL CORD
VEGETABLES
VITAMINS
Unscramble each of the clue words & copy the letters from the numbered cells to the blanks below with the same number to learn something unique about the brain.

CLUE: These scrambled words are all things your brain controls.

MOYMER

NOEMTVEM

SCLUSME

ESYE

RAETH

NUGSL

SELPE

TIGHIKNN

Dana.org/puzzles
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MOYMER: MEMORY
NOEMTVEM: MOVEMENT
SCLUSME: MUSCLES
ESYE: EYES
RAETH: HEART
NUGSL: LUNGS
SELPE: SLEEP
TIGHIKNN: THINKING

YOU CAN WORK OUT
YOUR BRAIN JUST LIKE A MUSCLE
WHEN YOU LEARN
YOUR BRAIN CAN
AND COME SMARTER
STRONGER